

# asiaSpa

January/February 2005

angkor wat  
REVISITED

manila's retreats  
FROM MAYHEM TO HAVEN

queensland's  
WILD SPAS

nyc  
SPA EXPRESS

second  
anniversary  
issue



asiaSpa's

A-Z  
of  
asian  
therapies

ISSN 1527-8337



Hong Kong HK\$48  
Singapore S\$6 (inc GST)  
Malaysia MY\$15 • Thailand ฿200  
China Indonesia Philippines P220  
Australia NZ\$20 (inc GST)  
Spain €7.90 • Korea ₩11,000  
Brazil R\$12.00 • India ₹11.00



## Step inside Prana Spa at The Villas

THE SANSKRIT word *Prana* refers to the vital force of life, and Prana Spa provides every guest with the ultimate revitalizing experience.

With a luxurious décor inspired by the palaces of India, Prana Spa provides authentic Ayurvedic, traditional Balinese *Jamu*, and contemporary beauty treatments using the finest-quality natural products, and offered with the highest standards of professionalism.

This is truly one of the unique spas of the world, in which hand-picked furnishings, woven carpets, mosaics, and Indian silk paintings replicate the intricate details of a 16th century Raja's palace.

Prana Spa is pleased to provide guests with the opportunity to make the best possible use their holidays by taking advantage of our new Spa Destination Packages. Complete relaxation and rejuvenation are achieved through a carefully designed daily routine that includes accommodation, a fresh and healthy balanced diet, daily Yoga classes, and 3 hours of Spa treatments per day, that have been selected to provide the maximum benefits in the allotted time. Guests may choose from 3, 5, or 7 day packages. Full details are available on our website.

After your treatment, relax with a cup of herbal tea in the lush, central courtyard garden, dine at the Prana Restaurant which offers healthy, organic food or browse Prana's exclusive boutique with its collection of fine artworks from around Asia.

The Villas Bali Hotel and Spa is the first choice for discerning travelers to the paradise island of Bali. Situated in the heart of exciting Seminyak, we offer you a choice of one, two, or three bedroom private villas.



  
**THE VILLAS BALI**  
HOTEL & SPA

### The Villas Bali Hotel

Jalan Kunti 118X, Seminyak, Bali, Indonesia  
tel: 62.361 730840 fax: 62.361 733751  
email: [bookings@thevillas.net](mailto:bookings@thevillas.net)  
[www.thevillas.net](http://www.thevillas.net)

