

nello bali

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*romantic
treasures*

nightmoves
club culture

valentine's o
the north shore

helping hands
michael franti in ubu



top Bali spas



ALILA, MANGGIS The brand new spa at Alila Manggis is set in a former coconut plantation with green lawns and the soft sound of the sea beyond. Treatments can be enjoyed in airconditioned comfort or in an open sided pavilion by the sea. Both are lovely. Besides traditional spa treatments, Alila can organize you a therapeutic treatment with a local balian who can cure many ills. Enjoy the gorgeous new range of spa products and luxury emollients designed to make you feel good. T: (0363) 410 111.

CHILL SPA The ancient wisdom of Hindu Ayurvedic healing and relaxation arts is practiced by skilled Balinese therapists, who help you through an arsenal of massages and treatments using exquisite blends of rare herbs, precious spices, fragrant oils and unctuous dreams. It will rejuvenate and spoil you during your holiday in Bali. Just 50 m away, Chill is a chic haven of Oriental reflexology that will rejuvenate and stimulate your body and soul. Jl. Kunti 118X, Seminyak, T: 733 751

DA LA SPA was designed as an opulent wellness facility with a strong brand that stands out from other spa venues on the island of Bali. Early recognition from some of Asia's most respected figures in the industry is a most encouraging sign. Villa De Daun Jl Raya Legian Kuta, T: 753 728

FOUR SEASONS RESORT SAYAN Authentic ayurvedic is just one of the treatments to be experienced here. When I had a treatment recently, my brain turned to jelly in under five minutes - a sure sign that something is working well. Two hours later I emerged, all signs of stress dissolved and the world looked wonderfully rosy. Highly recommended. T: 977 577.

GLO No time to lie on the beach and tan? Spent too much time out on the town? Glo can send you home with a healthy Bali glow, sprays and cream therapies at reasonable prices, manicures, pedicures and waxing also. T: 738 689.

JIWA SPA AT THE CONRAD Smoothly operated spa operation with individual treatment rooms and a huge menu of delectable treatments in luxurious, ambient surroundings. Winners of the Crystal Spa Award for 2007. T: 778 788

M'SPA @ PAUL'S PLACE This all male therapist spa is found on centrally located Jalan Laksmana behind Paul's Place restaurant and boutique. This is a small but charming spa, with several treatment rooms, complete with either shower or bath. Massages, reflexology, body masks and scrubs, as well as skin and nail care. Jl. Laksmana 4A, Seminyak. T: 736 715.

PRANA SPA @THE VILLAS This ersatz Indian fortress in the heart of Seminyak houses some of Bali's best spa treatments. Their huge menu holds something for everybody and the décor is extraordinary. Treatments are excellently executed. T: 730 840

REI SPA Rei Wellness may be a newcomer to the spa scene and a name not familiar to many as yet but this may be about to change. The Rei concept is based on a legacy of therapies and techniques handed down generation to



SPA AT THE MAYA UBUD Looking out over the gurgling Petanu River the award winning Spa at the Maya is well worth a visit. Choose from a variety of treatments and enjoy the beautifully manicured, natural surroundings. T: 977 888.

SPA HATI Gorgeous Japanese styled spa looking across the ricefields to Mt Batur. Treatments are excellent, price is right. Enjoy a Jacuzzi and steam room after your massage and spend time relaxing at the pale blue and cream stone pool - wunderbar! T: 977 578.

TAMAN MERAH SPA A sophisticated spa facility established to introduce international travellers to Bali's natural healing and beauty traditions. Jl. Raya Petitenget 469 Seminyak, T: 736 656

TUGU WAROENG JAMU SPA Authentic treatments in gorgeous surroundings. Choose a scented room to suit your mood. They are all different and all extraordinary. Javanese classic as well as innovative newer treatments are there to be enjoyed. The mantra massage especially soothing and they are all good. Canggu. T: 731 701.

RITZ CARLTON Professional atmosphere, divine location - with sunset views over the Indian Ocean. Enjoy a massage or more from a vast menu of treatments that include facials, anti-ageing and therapeutic as well as pampering - all in air conditioned comfort and don't forget to spend at least an hour in the amazing aquatonic jet pools where you can dissolve stress while firming your body. Then try the Jacuzzi while enjoying the sunset... Heaven. T: 702 222.



BOTOX® IN BALI

(and Jakarta)

ARC Clinics are Australian-managed and staffed with Australian-trained cosmetic physicians. We are not a spa, but a fully-licensed medical facility specialising in the latest non-surgical cosmetic treatments requiring no downtime. All procedures below require a maximum of one hour.

- **Aptos Stitch Lift®** The latest non-surgical mini face-lift, neck-lift and brow-lift procedure from USA at half the cost. The effects of this one hour procedure last 5 - 7 years. Allow 5 days to include aftercare.
- **Blepharoplasty** Remove loose skin and fat from above or below the eyes.
- **Botox®** (USA product)
- **ESTHELIS®** Fills in lips, lines and wrinkles for up to 12 months.
- **Aquamid™** Plump up your lips, without surgery; change your nose, remove deep smile lines...for up to 10 years... in 30 minutes.
- **Leg and Face Vein Removal**
- **Restylane®**
- **Surgitron™ Radio Laser Mole Removal**
- **IPL Facial Rejuvenation and Hair Removal**
- **Microdermabrasion**
- **Fruit Acid Peels**

FREE COSMETIC CONSULTATION



ARC

Anti-aging Beauty Clinics



Jl. By Pass Ngurah Rai No. 1
Kuta 80361 Bali, Indonesia
Tel. 0361-767543, 7424639
bali@arclinics.com

Jl. Panglima Polim IX No. 19
Jakarta Selatan 12160
Tel. 021-720 3772, 726 0447
jakarta@arclinics.com
www.arclinics.com

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**JAKARTA
JAVA KINI**

CULTURE

ENTERTAINMENT

LIFESTYLE

A HOME AWAY FROM HOME is important for many living in Indonesia. Whether you are permanently or only temporarily resident in this enticing country, where and how you live says a lot about you, and your personality.

In this special issue of Jakarta Java Kini we explore the best places to put down your roots in Jakarta, the areas that you may want to call home and review a fascinating array of apartment residences under your consideration. And that's not all, for we examine the plethora of furniture available to furnish your pad as well as all the regular articles that contribute to your living pleasure in Indonesia.